

**MONMOUTH OCEAN
PAROCHIAL LEAGUE**



CHAMPIONSHIP MEET DAY 1 – THURSDAY, MAY 18, 2023

4:30PM arrival, 4:40PM Coaches meeting, 5:00PM start

Time	Group	Event
5:00 PM	Junior boys Junior girls Senior boys Senior girls Senior boys Senior girls	High jump High jump Long jump Long jump Shot put Shot put
5:30 PM	Senior boys Senior girls Junior boys Junior girls	High jump High jump Long jump Long jump
5:40 PM	Junior boys Junior girls Senior boys Senior girls	Shot put Shot put Discus Discus
6:10 PM	Junior boys Junior girls Senior boys Senior girls	4x400 4x400 4x400 4x400

Viper timing – official and live results!

Please Note: Entries will go through www.mileplit.com.

[See tutorial as a guide](#) or reach out if further assistance is needed.

CHAMPIONSHIP MEET DAY 2 – Monday, MAY 22, 2023

4:00PM arrival, 4:15PM Coaches meeting, 4:30PM start

Time	Group	Event
4:30 PM	Junior boys	50 trials
	Junior girls	50 trails
	Senior boys	100 trails
	Senior girls	100 trials
	Junior boys	100 trails
	Junior girls	100 trails
5:00 PM	Junior boys	1200
	Junior girls	1200
5:10 PM	Senior boys	1600
	Senior girls	1600
5:25 PM	Junior boys	50 Final
	Junior girls	50 Final
	Senior boys	100 Final
	Senior girls	100 Final
	Junior boys	100 Final
	Junior girls	100 Final
5:30 PM	Junior boys	400
	Junior girls	400
	Senior boys	400
	Senior girls	400
5:40 PM	Junior boys	800
	Junior girls	800
	Senior boys	800
	Senior girls	800
5:55 PM	Junior boys	4x100
	Junior girls	4x100
	Senior boys	4x100
	Senior girls	4x100
6:15 PM	Junior boys	200
	Junior girls	200
	Senior boys	200
	Senior girls	200

Viper timing – official and live results!

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