

**MONMOUTH OCEAN  
PAROCHIAL LEAGUE**



## **2023 DISTANCE CARNIVAL**

*Thursday, April 27th At Donovan Catholic*

*Check-In: 4:30PM | Coaches Meeting: 4:50 PM | Start: 5:00PM*

### **RUNNING EVENTS**

*Please note that there are participation limits (8 per event)*

Pee Wee (start time: 4:30 PM sharp)	200M
Junior Girls (start time: 5:00 PM)	1200M
Junior Boys	1200M
Senior Girls	1600M
Senior Boys	1600M
Junior Girls	800M
Junior Boys	800M
Senior Girls	800M
Senior Boys	800M

## **FIELD EVENTS (Seniors Only)**

*Please note that there are participation limits (4 per event).*

- Discus
- Long Jump

## **INSTRUCTIONS**

- Coaches and athletes to arrive between 4-4:30PM
- Peewee runners to be ready to go by 4:30PM
- Check-In for Running Events will close at 4:50PM
- Coaches meeting at 4:50PM
- Races will begin at 5:00PM
- 8 entries per team per division for running events
- 4 entries per team per division for field events
- Field events are for seniors only
- Maximum of 3 events per individual including field and running events combined

## **QUESTIONS**

Erin O'Neill  
908-672-2453  
Erinoneill1111@gmail.com

