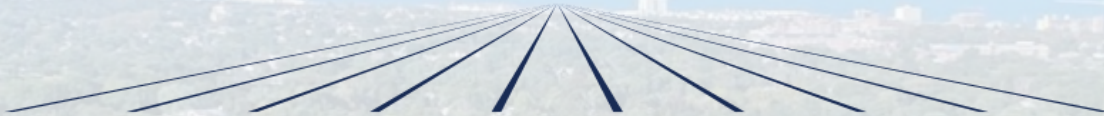




THE ELLIOTT DENMAN N.J. INTERNATIONAL T&F MEET



SATURDAY, JUNE 17, 2023

**HOSTED BY THE SHORE ATHLETIC CLUB
AND MONMOUTH UNIVERSITY**



**JOE COMPAGNI TRACK AT KESSLER STADIUM,
MONMOUTH UNIVERSITY,
WEST LONG BRANCH, NEW JERSEY**



THE ELLIOTT DENMAN N.J. INTERNATIONAL T&F MEET



Meet Founder and Director Emeritus ----- Elliott Denman

Meet Directors ----- Dave Friedman and Joe Compagni

Club President ----- Walter MacGowan

Event and Volunteer Coordinator ----- Erin O'Neill

Timing and Results ----- Maurice Bell and Viper Timing

Officials Coordinator ----- Phyllis Smith

Operations Coordinator ----- Dayna Luma



PRESIDENT PATRICK F. LEAHY

We are delighted to be hosting the 2023 Elliott Denman New Jersey International Track and Field Meet at Monmouth University's Joe Compagni Track in the Henni Kantor Kessler and John H. Kessler Stadium. Thank you for joining us on our beautiful coastal campus for this notable competition.

We are very pleased to be partnering with Shore Athletic Club of New Jersey on this signature event, and to be celebrating the impact of Elliott Denman on Monmouth University and the Jersey shore track and field community. After arriving at the Jersey shore, Elliott revived Shore A.C. in 1962 after a period of discontinuation and, a few years later, became the cross country/track and field coach at (then) Monmouth College. Coach Denman's influence on Monmouth's cross country and track and field programs continues to impact the university community and in particular, our student-athletes and coaching staff. His coaching legacy will, without a doubt, be felt for generations to come.

For decades following Coach Denman's tenure, Monmouth's track and field program has earned accolades at the individual and team levels, both for athletic prominence and academic distinction. Our student-athletes have demonstrated excellence on the track and in the classroom, winning countless conference titles, earning more NCAA Division I All-America honors than any other sport on campus, and receiving recognition from the NEC, MAAC, CAA, and USTFCCA for their strong academic performances.

Last July, Monmouth joined the Colonial Athletic Association (CAA)—one of the top mid-major Division I conferences in the country—and our student-athletes have continued to deliver successes on the track and in the classroom. Most recently, five student-athletes on the 2023 Outdoor Track and Field teams qualified for the NCAA Regionals and Monmouth sophomore Evan Niedrowksi placed 12th at the NCAA Outdoor Track and Field Championship, earning Second Team All-American Honors for the second consecutive season. I am very pleased that the 2023 Elliott Denman New Jersey International Track and Field Meet adds to the rich history of track and field success on our campus.

On behalf of the entire Monmouth University community, congratulations and best wishes to all the competitors this weekend. You are an inspiration to us all.

Dr. Patrick F. Leahy
President, Monmouth University

SCHEDULE OF EVENTS

PRELIMINARY Time Schedule*

* - This is a tentative time schedule as of June 12th prior to entries. Please re-confirm the time schedule with us on meet day. We will update this schedule once entries close.

Field Events*

<u>Event</u>	<u>Order</u>	<u>Time</u>
Hammer#	Women	11:15 AM
Hammer#	Men	12:30 PM
Long Jump	Women followed by Men	12:00 PM
Triple Jump	Women followed by Men	3:00 PM (or following LJ)
High Jump	Women (followed by Men)	1:00 PM
Pole Vault	Women (followed by Men)	1:00 PM
Javelin	Women (followed by Men)	2:30 PM
Shot Put	Women (followed by Men)	2:30 PM

Track Events*

<u>Event</u>	<u>Order</u>	<u>Time</u>
Youth 1500	Girls & Boys – Heats by age	12:30 PM
Youth 100	Girls & Boys – Heats by age	12:45 PM
Youth 800	Girls & Boys – Heats by age	1:00 PM
Youth 400	Girls & Boys – Heats by age	1:10 PM
Open & Masters 4x800 Relay	Men & Women	1:25 PM
Masters 100	Women (followed by Men)	1:45 PM
100 Trials	Women	1:55 PM
100 Trials	Men	2:05 PM
100m Hurdles	Women	2:30 PM
110m Hurdles	Men	2:45 PM
Masters 400	Women (followed by Men)	3:00 PM
400	Women	3:10 PM
400	Men	3:20 PM
100 Finals	Women	3:40 PM
100 Finals	Men	3:45 PM
800m	Women	3:55 PM
800m	Men	4:05 PM
200m	Women	4:20 PM
200m	Men	4:40 PM
Community 1 Mile Stroll	Open To All	5:00 PM
Special Presentation	Special Guests TBA	5:20 PM
1 Mile Race Walk	Men and Women	5:40 PM
Masters Mile	Women (followed by Men)	5:55 PM
Open Mile	Women & Men	6:05 PM
5000m (1 section)	Women & Men	6:20 PM
3000m Steeplechase#	Women	6:45 PM
3000m Steeplechase#	Men	7:00 PM
Women's Elite 1500	Women	7:15 PM
Men's Elite 1500	Men	7:30 PM
Awards		7:45 PM

#- The hammer throw & 3K Steeplechase will serve as the 2023 USATF-New Jersey Championship events. See "other notes" & prize \$ below.

ELLIOTT D. AND COACH JOE SHORE A.C. AND MONMOUTH UNIVERSITY

By JOHN SPINELLI
Monmouth University '22



The Jersey Shore is known for its coastal scenery and relaxation; but there's more to it than that. It's also where moments of triumph and track and field glory happen; and some come from one man - Elliott Denman. This is the back story of the 36th annual "Elliot Denman New Jersey International Track and Field Meet."

There's a connection behind Denman, the Shore Athletic Club, the International Meet, and Monmouth University. At the 1956 Melbourne Olympic Games, racewalker Elliott Denman represented Team USA in the 50-kilometer (31.1-mile) race and placed 11th.

In early 1961, Denman relocated to the Jersey Shore from New York City. Soon after he moved, he had a vision for his new community.

Denman and others helped revive the Shore Athletic Club, (a multi-honored club, started in 1934 but by the '50s disbanded) with their vision of creating a group where men and women of all ages, backgrounds, athletic abilities and events could compete in "the great Olympic sport of track and field."

A few things happened along the way. In 1966, Denman was hired as the first track and field coach at Monmouth College (now Monmouth University.) Those early Hawk teams featured a Penn Relays and NCAA hammer throw gold medalist (Augie Zilincar) and even won the NJ State College Division team title. But his family and sports journalism career at the Asbury Park Press (by then its Olympic-sports specialist and all-sports columnist) took priority and he stepped away from the Monmouth coaching assignment. Construction of Monmouth's first track and field facility (where we stand today, surrounded by Kessler Stadium) marked another milestone.

Denman once circled this track 200 times to win the Eastern Regional USA 50-mile racewalking title. And in the 1970s, a Shore AC team set the world 100-runner, 100-mile relay record on this track.

John O'Rourke, Ed Halper, Bob Bazley - and others - followed as Monmouth coaches and in the 1980s, another Shore AC member, Coach John Kuhl, recruited and rebuilt the program before Monmouth College stepped up to Division I. He coached and built the foundations of Monmouth's middle distance excellence. In a classic moment, Kuhl's star pupil, Eddie Hendricks, upset the soon-to-be Olympic champion, Peter Rono, and sub-4 miler Brian Roche in a major 1500-meter race before a full house at the famed Meadowlands Arena.

In 1995, the reign of Coach Joe Compagni began.

It didn't take long for Compagni and his expert coaching staffs - Dr. Greg Bordiuk, Mark Gottdenker, Abe Flores, Brian Hirshblond, Brian Zatorski, Chris Tarello, Devin Barry, Chris Spaulding, and more - and their high-flying Hawks to bring an array of new honors, records, titles and glory to this Shadow Lawn campus. Coach Joe became the most successful coach in any sport in Monmouth history. He won "Coach of the Year" honors more than 60 times, produced an array of All-Americans, IC4A, Penn Relays and conference-champion athletes, and his squads won NEC, MAAC, ECAC and IC4A Conference team titles 58 times.

After nearly a quarter-century of such major success, Compagni stepped away - and the newly resurfaced Kessler Stadium 400-meter oval would, in a gala ceremony - be renamed "The Joe Compagni Track."

Coach Joe passed the torch to then-Marquette distance coach Mike Nelson, and Nelson, without delay, has continued the Monmouth team's winning tradition from day one. He won the MAAC Conference and Coach of the year award six times in his first four years, as his Hawks amassed an array of individual and team awards.

ELLIOTT D. AND COACH JOE SHORE A.C. AND MONMOUTH UNIVERSITY CONTINUED

With his abundant energy and passion for the sport, Compagni has continued in several other major roles - as a coach and member of the Shore AC Board of Directors, and a coordinator of the club's many year-round events; as Co-Meet Director of the IC4A/ECAC Championships; as a consultant for three other Division I college conferences; as a co-author of "The N.I.L. Playbook;" designer of the new track and field facility at Christian Brothers Academy; and as coach of the Monmouth University Club Track & Field and Cross Country program.

In July 2022, Monmouth joined the elite Colonial Athletic Association, and Coach Nelson's teams have placed second in the talent-rich CAA's Championship meets. Coach Nelson's teams sent five athletes to the 2023 NCAA First Round, headed by All-American and 2022 USA Junior National Champion sophomore javelin thrower Evan Niedrowski, who advanced to the NCAA Division I Championships two years in a row.

Now, to backtrack, let's note some of the other ties linking Monmouth University and Shore Athletic Club. the community-based organization that has been bringing home local, state, national and international honors of its own, on all levels, all these years.

In the early days, hitting it big, were Augie Zilincar, then Eddie Hendricks. Before launching his brilliant coaching career at West Long Branch's Shore Regional High School, Mel Ullmeyer set Monmouth 800-meter and mile records; Jon Kalnas, now one of the nation's finest shot put (and other-throws) throws coaches, was an IC4A, Millrose Games and Penn Relays champion putter. Tissifenee Taylor became a nationally-ranked long jumper. Bobby Smith was a brilliant javelin thrower, winning at the 2008 USA Olympic Trials. Dylan Capwell emerged as an NCAA silver medalist in the 800. And after emerging as All-American at Monmouth, Allie Wilson is now one of the nation's - and the world's - top 800-meter performers traveling the global circuit with major ambitions heading into the 2024 Olympic Trials.

And there have been so many more beyond these!

Now hosted by Monmouth University, after stays at Holmdel High School - where it began in 1987 as the Bob Roggy Memorial - Colts Neck High School and The Peddie School, the meet hopes it has found a home here at the Joe Compagni Track at Kessler Stadium.

Over those years, the meet lived up to its global designation with over 40 nations represented. A list of Olympic and World Championships titlists and medal winners dots the meet's archives. Most of its event-titles honor past greats of the sport, almost all with State of New Jersey ties. Expect more such excellence here on June 17, 2023 !

Now to these bottom lines: Elliott Denman has made a tremendous impact on track and field culture and media in New Jersey, USA....and beyond. Many of his 1960-ish dreams have come true. Other events he helped inspire - the Lake Takanassee Races, the Captain Zinn Memorial Races, summer All-Comers Meets, the Asbury Park Polar Bear Races, the Bill Bruno Alumni XC race, and more - still run strong. His visions for even greater things to come, down the road, run even stronger. Today, we honor Elliott D. for all that.

Good luck to all participants. On your marks, get set....



MEET INFORMATION

Over \$8200 in Prize Money will be awarded this year (as of June 11 - to be updated regularly):

** - We will offer **\$2200** in cash awards to the top 5 open men and top 5 open women overall, based on World Athletics scoring tables. This will be determined the week after the meet. Athletes placing in individual events with prize money will be eligible for the higher of the two awards. No duplicate awards.

** - The premiere event on the track will be the Elite 1500 Meter Races for men and women at the end of the meet. We will have over **\$2000** in prize money (more than **\$1000** for each gender) for these races. Our sponsors include podiatrist Dr. John F. Connors of Little Silver and many more.

** - We will have a cash award to be determined for the winning men's and women's club teams. This will be based on scoring the top 8 in each event of athletes who declared a team during registration.

** - The men's and women's high jump will have **\$1000** in prize money, compliments of Mike Pascuzzo. Mike is a former world-class high jumper and the owner of Vertical Adventures. See more at... <https://verticaladventures.org/>

** - The men's and women's hammer throw will have **\$500** in prize money, compliments of Joe Kalnas. Joe is a national caliber throws coach in South Jersey and the owner of High Tide Herbal. See more at... <https://www.hightideherbal.com/>

** - The men's and women's shot put will have **\$600** in prize money, compliments of Jon Kalnas. Jon is a former Olympic Trials competitor in the shot put and coaches many of the top throwers in New Jersey. He is the owner of Critical Mass located in Shrewsbury. See more at... <https://criticalmassgym.com/>

** - In honor of Elliott Denman, we will have **\$800** in prize money specifically for the 1 Mile Racewalk.

** - We will have **\$1000** in prize money dedicated specifically to masters athletes. This will be awarded the week after the meet using age-graded performance tables. The top 10 overall performances (male or female) will receive cash awards, compliments of the Shore Athletic Club Development Fund established by Elliott Denman.

** - We will have custom Elliott Denman medals for the top 3 finishers in each event.

** - Last year we awarded a total of **\$11,600** in prize money to the top performers and teams at this meet.

Other Notes

- As noted on the time schedule, the Hammer and 3K Steeplechase for both genders are open to all and will also serve as the 2023 USATF-New Jersey Championship events. The 2023 USATF NJ Championships will be June 23-24 at the Peddie School, but the Hammer and Steeplechase will not be contested at that venue. USATF NJ medals will be awarded to the top USATF NJ finishers in these events, and these events will also be eligible for all other awards and prize money at our meet on June 17.

- We are aware that we are not offering every standard Olympic event at this year's meet. For those interested in the 400 Hurdles, 10K or discus, we recommend the USATF-NJ Outdoor Track & Field Championships at the Peddie School on June 23-24. <https://newjersey.usatf.org/disciplines/track-field/track-field-calendar>

- This meet is listed and approved on the World Athletics calendar. We will follow all USATF and World Athletics guidelines to allow competitors to earn points and qualify for future events.

*- Gourmet Dining Concession Stand open from 12:30 - 7:30

***- Updated as of June 12. More information from our sponsors & further prize money/award details coming soon!**

THE SHORE A.C. SALUTES JOETTA CLARK DIGGS!

Joetta Sports
& Beyond



Special Cheers to Talitha Diggs, USA Champion, NCAA Champion, World Relay Gold Medalist, and Record-Breaker!

A collage of four images: a cheerleader in a purple jacket, a baseball player in a blue uniform, a soccer player in a green uniform, and a person in a yellow jacket. The text 'Athletes' Alley' is overlaid in the center, and 'THE REAL AUTHORITY IN SPORTS' and 'ATHLETES | SCHOOLS | ORGANIZATIONS | CORPORATE' are at the bottom.

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New Jersey International Meet Records 1987-Present

Event	Record Holder	Year	Home	Mark
Frank Budd Men's 100 Meter	Philippe DeRosiers	2012	USA	9.87
Andy Stanfield Memorial 200 Meter	Winston George	2013	GUY	20.59
Larry James Men's 400 Meter	Butch Reynolds	1992	USA	44.67
Rich Kenah Men's 800 Meter	Rob Novak	2010	USA	1:46.85
	Brian Borchers	2011	USA	1:46.85
Eamonn Coghlan 1500 Meter	Sam McEntee	2012	AUS	3:42.33
Eamonn Coghlan Men's Mile	Jim Norris	1990	USA	3:59.50
Norbert Sanders Memorial 3,000-Meter	Levi Miller	2006	USA	8:20.00
Men's Open 2 Mile	Sydney Maree	1987	USA	8:38.13
Men's 5000 Meter	Jim Carney	2002	USA	14:34.34
Men's 10,000 Meter	Daniel Lewis	2022	USA	33:52.89
Harrison Dillard 110 Hurdles	Aubrey Herring	2002	USA	13.38
	Roger Kingdom	1998	USA	13.38
Kevin Young Men's 400-Meter Hurdles	Brian Derby	2007	USA	49.75
Men's 3,000 Meter Steeplechase	Victor Palumbo	2022	USA	9:17.72
Elliott Denman 1-Mile Racewalk	Ray Funkhouser	1992	USA	6:03.00
Dr. Matt Brown Masters Men's 100	Mitchell Lovett	2003	USA	11.17
John Kuhi Masters Men's 400	Mitchell Lovett	2003	USA	50.12
Harry Nolan Masters Men's Mile	Harry Nolan	1987	USA	4:21.89
Frank Budd Women's 100 Meter	Nadine Palmer	2012	HAI	11.32
Women's 200 Meter	Amandi Rhett	2006	USA	23.66
Aliann Pompey Women's 400 Meter Run	Aliann Pompey	2009	GUY	51.79
Joetta Clark Women's 800 Meter Run	Joetta Clark	1990	USA	2:01.50
Chrissy D'Alessandro Women's 1,500 Meter	Sheila Reid	2012	CAN	4:07.89
Chrissy D'Alessandro Shaheen Memorial Mile	Carmen Douma-Hussar	2009	CAN	4:37.70
Women's 5000 Meter	Jessica Francis	2022	USA	17:55.28
Women's 10,000 Meter	Katherine MacCary	2022	USA	41:14.14
Dawn Bowles 100 Meter Hurdles	Monique Morgan	2015	JAM	12.89
Women's 400 Meter Hurdles	Dawn Forr	2012	CAN	56.33
Women's 3000 Meter Steeplechase	Corinne Fitzgerald	2022	USA	10:34.27
Masters Women's 100	Sophia Downey	2022	USA	14.09
George Kochman Boys High School Mile	Rich Morris	1992	USA	4:21.25
George Kochman Girls High School Mile	Jen Croghan	2002	USA	5:02.36
Mike Pascuzzo Men's High Jump	Dennis Lewis	1987	USA	7-5
Mike Pascuzzo Women's High Jump	Deirdre Mullen	2011	USA	6-2
Walter Annenberg Men's Pole Vault	Brian Mondschein	2007	USA	17-5
Walter Annenberg Women's Pole Vault	Chelo Canino	2006	PUR	13-0
Herbert Douglas Jr. Men's Long Jump	Cadeau Kelley	2010	LIB	25-9 3/4
Herbert Douglas Jr. Women's Long Jump	Jessie Gaines	2016	USA	21-7 1/2
Norman Tate Men's Triple Jump	Olu Olamigoke	2011	NIG	53-11 1/4
Al Blozis Memorial Men's Shot Put	Rhuben Williams	2009	USA	66-5 1/4
Al Blozis Memorial Women's Shot Put	Monique Riddick	2016	USA	56-5 3/4
Art Swarts Men's Discus Throw	Jim Seifert	2000	USA	209-0
Art Swarts Women's Discus Throw	Gina LoMonaco	2004	USA	192-11
Bob Roggy Memorial Men's Javelin Throw	Mike Barnett	1987	USA	269-3
Barbara Friedrich Parcinski Women's Javelin	Cathie Wilson	1987	USA	192-10
August Zilincar Men's Hammer Throw	Travis Nutter	2008	USA	246-1
Oneithea "Neni" Lewis Women's Hammer Throw	Anna Norgren	2002	USA	235-0



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SHORE ATHLETIC CLUB OF NEW JERSEY

"Promoting the Olympic Sport of Track and Field Since 1934"

Our Olympians

A MESSAGE FROM THE SHORE ATHLETIC CLUB PRESIDENT

Elliott Denman

Barbara Friedrich

Bob Mimm

Bill Reilly

Dave Romansky

Todd Scully

Maren Seidler

Jim Wooding

It was 1994, Mike Tully and I were going up to the New York City Marathon Expo to pick up our race numbers, and Mike asked if I would mind picking up a friend of his in Eatontown named Elliott Denman. I had heard of Elliott and read his articles since the 60s but had never met him.

Of course we all know that Elliott has tried to convert every man, woman and child he ever met into a race walker. He actually succeeded in getting 10 year old Ajee Wilson to race walk at one of our All Comers meets at Ocean Township. Good thing he didn't succeed there. We also know that he has always been a tireless promoter of our sport while also being an Olympic performer and the consummate fan.

Our National Champions

John Borican

Ray Funkhouser

Dick Ganslen

Elmore Harris

Herb McKenley

Cliff Mimm

Eulace Peacock

Blaine Rideout

Andy Stanfield

Josh Williamson

But starting with that drive to NYC I saw a depth of Track and Field knowledge and love of the sport that is truly unique. Walking around the Expo it seemed everyone knew him. He would casually introduce me to people like Frank Shorter, Fred Lebow, Olympians and World champions, that day became a surreal blur to this mediocre 5k guy from the Jersey Shore.

Quite an experience. Years later, at Penn Relays, the routine continued. "Hey Walter, meet Carl Lewis." "Hey Walter, meet Renaldo Nehemiah. Renaldo, Walter is President of the Shore AC." I guess Elliott thought that he would be impressed by meeting the SAC president. Then there are all the Gatherings, the Shore AC awards dinners, ED's 85th birthday party (in true Denman fashion held six months after his birthday), the after race parties and more. At the first Awards Dinner Dave Demonico came to he asked me how in the world do you get so many great Track and Field people to come, I just answered "Elliott".

Speaking of races, events he founded include Lake Tak, the All Comers series, the Winter Series, Today's meet and probably many more. If you have done any track or road racing locally in the last 50 years I can assure you have been influenced by Elliott. I also have the privilege of being the Trustee for the Estate of Johnny Hayes, in large part because of Elliott's efforts, which led to the two of us meeting the Queen of England in 2008.

In short, Elliott has changed my life, and the lives of so many others. He has made it better and has my eternal thanks.

Walter MacGowan

President

Shore AC

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**Have Questions Or Need More Info? Contact Meet Director Mike
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IT ALL BEGAN ON JULY 29, 1987

By Bill Fitzpatrick

Today's track and field meet was born out of tragedy, the unfortunate passing in the summer of 1986 of New Jersey native Bob Roggy, one of the world's top javelin throwers whose career began at Holmdel High School here in Monmouth County.

Bob continued his career at Southern Illinois University and in his last collegiate meet in early June 1978 in Eugene, Oregon, won an NCAA Outdoor title. A week later at the AAU Championships at UCLA, Bob put on the Shore AC singlet to compete for his local club from his native New Jersey, and was crowned National Champion. He continued excelling in national and international competition for the next eight years, Bob would set an American record in 1982 (314 feet, 4 inches) - imagine that, a whole football field-long, plus an end zone, plus even more - astounding and amazing! For obvious reasons - Bob's big year also included throws of 307-6 and 309-11 - each of them American records - he was ranked number one in the world in the javelin that year by Track and Field News.



In the months after his passing, Shore AC President and 1956 US Olympian Elliott Denman asked me if I would be Co-Meet Director of a memorial meet to be held for Bob at his high school the following summer. My Co-Meet Director would be Mr. Jay Demarest, who was Bob's track coach in 1974 and now was the Athletic Director of Holmdel High School.

Jay, Elliott and I started our planning in the winter and selected July 29, 1987 to hold an evening track and field meet on the Wednesday following the USOC Summer Festival three-day meet the weekend before in Durham, North Carolina.

The local community from Holmdel, neighbors and fellow parishioners from the Roggy's family church, St. Catherine Church came together to plan a very special tribute evening in the memory of a favorite son of Holmdel. Much of the success of the Bob Roggy Memorial Meet can be credited to the dedicated volunteer leadership from Mr. and Mrs. Hank and JoAnn Zoubek, long-time neighbors of the Roggy family. A recent Holmdel HS and Monmouth College track and field student-athlete, Brian Hanlon, was just starting his now-celebrated career as a sculptor and installed a figure of Bob Roggy on the hill looking down on the high school track which, was named Bob Roggy Memorial Field in conjunction with the meet.

Throughout the process of planning the meet and organizing the event fields of world-class athletes was the ever-present guiding force of Elliott Denman. All things came together for a beautiful meet on a cool July evening under the lights before 5,000 fans. World-class USA Olympian Sydney Maree, the two-mile winner that night, compared the atmosphere to a Scandinavian track meet. Maree's fellow Villanova graduate and world-class and world-champion runners Eamonn Coghlan and Marcus O'Sullivan, won the other two distance events, the One-Mile and 800-Meter Run, but the feature event of the night was the Men's Javelin. The running events took a break and some of the nation's leading javelin throwers wowed the crowd with long throws that carried far-far down the football field. The winner was Mike Barnett, with a world-class throw of 269-3, over long-time USA champion Tom Petranoff. Top women's performers that night included Candy Young of Pennsylvania and New Jerseyans Joetta Clark and Dawn Bowles, herself a Monmouth County star out of Neptune High School and NCAA champion for LSU.

The success of the 1987 Roggy Meet has carried on for 36 years as the annual New Jersey International Meet, which has been under the capable and loving care of Elliott Denman and many Shore AC volunteer leaders. It's only fitting that the 2023 edition of the New Jersey International be renamed this year as the Elliott Denman/New Jersey International Track and Field Meet to recognize Elliott's leadership and stewardship. Thank you, Elliott, for caring so much about the sport of track and field and this meet over these years, thus continuing the excellence of this great New Jersey sporting tradition.

"THANK YOU, ELLIOTT, FOR YOUR MANY YEARS OF LEADERSHIP, INSPIRATION, FRIENDSHIP, AND YES, WORLD CLASS STORY-TELLING!"

- TIM CHELIUS AND SHORE AC RACEWALKERS

"CONGRATULATIONS! TO A HEALTHY ELLIOTT DENMAN. YOU DEFINITELY DESERVED THIS HONOR AND THANK YOU TO THE JERSEY SHORE'S SHORE AC!"

- MEL FELDMAN, SAN ANTONIO, TEXAS

"IN RECOGNITION OF ELLIOTT'S LONG-TERM DEVOTION TO THE SPORT OF TRACK AND FIELD !"

- ROBERT SCHWARTZ, MANALAPAN, NJ.

"CONGRATS TO LEGEND ELLIOTT DENMAN/ BILL RICHARDSON, ZACHARY GHIZZONE, ANDREW GHIZZONE."

- THE RARITAN GROUP, NEW BRUNSWICK, NJ

"Good luck to all. Go Shore AC !" – FRANK HARRISON, COLTS NECK, NJ

"Congratulations and all best wishes for a great track and field meet." – DR. AND MRS. JOEL AND LAURA LEIZER, EAST BRUNSWICK, NJ

"I hope that June 17 is a glorious and sunny day at Monmouth University." – LEX HEMPHILL. SALT LAKE CITY, UTAH

"You are doing a great job in our sport of track and field. I want to wish you well in your Meet." – FRANK GAGLIANO

"Jo is right. Your name most definitely should be added to the meet title. Best of luck." - PHIL SHAHEEN, PRESIDENT, BUILDERS GENERAL SUPPLY COMPANY

"So respectful of you. Appreciate your life's work." - DR. PHIL SHINNICK, NYC

"Have a great meet. Wish I could be there." – DR. MATT AND MRS. CONNIE BROWN, SARASOTA, FLORIDA

"I won't be able to attend as I will be competing in Finland, but wishing you have a great event and looking forward to seeing more to come going forward." – CURTIS THOMPSON, USA OLYMPIAN AND NATIONAL JAVELIN CHAMPION, FLORENCE, NJ

"Congratulations! The honor of having your name added to the NJ International Meet is well deserved. The meet sounds like a great event with the Community Mile and then the elite racing." – NANCY STEADMAN MARTIN, OCEANPORT, NJ

"Go Shore AC Go! I will always retain my regard for the Jersey Shore as home in my heart. Most sincerely." - FRANK RATTI, SHORE AC'S AMBASSADOR TO TRACKTOWN USA, EUGENE, OREGON

"Bravo and a step on the track to you and dear wife." – DOLORES AND HARRY PAPIRMAN, WHITING, NJ.

"I want you to know how proud I am of you and your lifetime accomplishments." – MALCOLM HALSEY, OAKHURST, NJ

"Looking forward to a terrific meet." – SCOTT LINNELL, COLTS NECK, NJ.

CHARIOTS OF FIRE

THE VIEW OF MANY is that "Chariots of Fire" is the greatest track-themed movie ever made. It's the paralleled story of two British gold medalists. Harold Abrahams and Eric Liddell at the second Paris Olympic Games, 1924. (The first Paris Games was 1900.) But for 3/10 of a second, that 1924 story may have been very different. That was the slender gap between fourth-place Chester (Chet) Bowman of USA (10.9), a resident of West Long Branch, and Britain's first-place Abrahams (10.6) in the 100-meter final. Bowman had beaten Liddell earlier that 1924 season at the Penn Relays, and was a brilliant trackman (as National AAU, IC4A, Penn Relays and Millrose Games sprint champion for Syracuse University and Newark AC), as well as a brilliant football player. He passed away in 1936. The third Paris Olympic Games is scheduled for July 2024. With Olympic interest peaking again, it is time to present the first "Chariots of Fire" award to WLBERs who have carried the torch for The Great Olympic Sport of Track and Field so well.

AND THUS....the first Coff award goes to Lisa and Bob Bazley for their total dedication to the sport, on so many levels, for so many years. Congratulations, Lisa and Bob!

LESTER WRIGHT SR.

LESTER WRIGHT SR. had always prided himself on his expert fitness, but it took a full century (and one day) for this Long Branch resident and Shore AC member to gain national and International acclaim as a world record-holder. The big moment came at the 2022 Penn Relays when Mr. Wright, one day after his 100th birthday, earned the plaudits of the giant Franklin Field crowd by running 100 meters in 26.34 seconds, the fastest ever run by a man in the M100 age bracket. It was a supreme performance for a supreme athlete. Shore AC is extremely proud to honor Mr. Wright today as a great "100 at 100" champion.



THE FLYING TIGERS

CALL THEM THE THREE FLYING TIGERS. Gene Halton, Tora Harris and Justin Frick had brilliant careers as high-flying, champion high jumpers for the Princeton University Tigers and for Shore AC. All leaped to greatness. "Jumping Gene" Halton was the first Shore AC athlete to grace the cover of Track and Field News. Tora Harris was a multiple National champion, years-long star on the global circuit and a 2004 USA Olympian. Frick continued the tradition by excelling on the Ivy League and intercollegiate circuits and, in 2012, placing fifth in the USA Olympic Trials. They truly were "Flying Tigers."

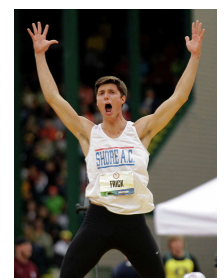
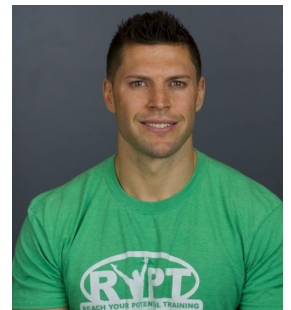


PHIL SHINNICK

AS A UNIVERSITY OF WASHINGTON student, Phil Shinnick was a brilliant long jumper and 1964 USA Olympian. But he was even better in 1965, when he sailed 27 feet, 4 in. at California's Modesto Relays, to eclipse Ralph Boston's listed world record. But Modesto officials were sadly negligent in not having a wind gauge in place at that WR moment. And it's that technicality that prevented Shinnick from gaining his rightful place in his sport's annals and be recognized a WR-holder. A 58-year, often uphill battle ensued before Shinnick was rightfully credited with a WR performance. At last-at last, justice was done and Shinnick gained this huge honor. Dr. Phil Shinnick had come East to join the Rutgers faculty, and competed for Shore AC. And the club is totally pleased to present its "Justice At Last Done" award to Dr. Shinnick today at Kessler Stadium.

BOBBY SMITH

BOBBY SMITH WAS always torn between his two sporting passions - carrying the football for Coach Kevin Callahan's Monmouth University gridiron Hawks and tossing the javelin great distances for Coach Joe Compagni's track and field Hawks. A series of injuries and surgeries couldn't keep him from coming back, and coming back. And Bobby Smith came all the way back to lead the field and claim the title of USA Olympic Trials jav champion in 2008. But with the World Federation now imposing qualifying standards, Smith was denied the chance to compete in the 2008 Beijing Olympic Games. Others, who had obtained longer marks in earlier meets. were selected for Team USA at the 2008 Beijing Olympic Games as Smith stayed home. Shore AC still considers it an injustice and today proudly presents it's "You Are An Olympian" plaque to Bobby Smith, who now trains legions of other athletes to be at their best at his RYPT (Reach Your Potential Training) facilities in New Jersey.



Dave Demonico

Dave DeMonico is always a feature attraction at the Asbury Park Polar Bear Races. Clad as Santa Claus, he opens the show with a rousing trumpet-solo National Anthem, then cheers the racers as they speed over the boardwalk....and finally, leads a pack of the bravest in a cool Atlantic Ocean dip.

The 60th ANNUAL ASBURY PARK POLAR BEAR RACES are scheduled for Saturday, December 30, 2023.

Founded 59 years ago by Shore AC, the Polar Bear Races are the club's longest-running and most legendary event. They've never been rescheduled due to inclement weather. Even after dealing with the devastation of Superstorm Sandy, Shore AC proudly kept the annual event up and running. Rest assured, the job always gets done! Rain, snow, or sunshine, the 1 mile race begins at 9:30am. The 5K run is at 10 am and the 5K race walk at 10:05. Just be there!



In special ceremonies around 5:30 pm today, we will honor a number of very special guests. Among them will be our own Club President, Walter MacGowan, and standout distance runner and coach Reno Stirrat, who have both been invaluable to the success of the Shore A.C. for decades. We will also have three great Princeton high jumpers who also excelled for Shore AC - Gene Halton, Tora Harris and Justin Frick. The Shore A.C., home to Olympians and National Champions, will be adding some legends of our sport to our own Hall of Fame later this year.

Pictured Left: RON LAIRD (of Buchanan, Michigan) and JACK MORTLAND (of Columbus, Ohio) are two legendary figures in American race walking. Originally from Peekskill, NY, Ron (with early encouragement from Elliott Denman) went on to compete in four Olympic Games, take a Pan Am Games gold medal, win a record 65 USA and four Canadian National titles, and be the first race walker elected to the National Track and Field Hall of Fame. Jack was an Olympian, too, and delivered the news of the event for decades with the all-inclusive Ohio Race walker. Way to Go, Ron and Jack !

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I owe so much to Big Brother Marty!

He didn't really play for the Yankees (and in our growing-up years they sure could have used more power from the right side of the plate), but he did take me to my first ballgames (where the stars of the day included the Yankees' Red Ruffing and Johnny Lindell, the Knicks' Carl Braun and Sonny Hertzberg, and the Football Giants' Ward Cuff, Arnie Herber and Joe Sulaitis), and thus instilled a love of the game, all of them. But when Marty (who ran the sprints for NYU, LIU and the self-invented American Eagle Club) took me to some of my first track meets, I really was hooked.



One thing led to another and another and another. As I've often said, it was a long story and a great adventure. And here we are today at the 36th edition of the NJ International Meet. Marty's surely looking down on the Joe Compagni Track at Kessler Stadium at Monmouth University and saying "way to go, way to go!" ELLIOTT D.



SENATOR DECLAN O'SCANLON

13th District



PROUD TO SUPPORT THE ELLIOTT
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TRACK & FIELD MEET

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UPCOMING SHORE A.C. EVENTS



SAVE THE DATES

SHORE A.C.

ST. MICHAEL'S CHURCH
800 OCEAN AVENUE LONG BRANCH, NJ

JULY 3
JULY 17
JULY 24
AUGUST 7
AUGUST 21

LAKE TAKANASSEE SUMMER SERIES

5K & 1500M RUNS

MONDAYS AT 5:00PM

More info: www.shoreac.org

SHORE A.C.

BIG BANG



MILE



SAVE THE DATE

JULY 15, 2023

Bell Works, Holmdel

BIG BANG MILE

COMMUNITY & USATF COMPETITION

More info: www.shoreac.org



ASBURY PARK
GEORGE SHEEHAN CLASSIC



SAVE THE DATE

AUGUST 12, 2023

Bradley Park, Asbury Park

ASBURY PARK SHEEHAN CLASSIC 5K

More info: www.shoreac.org

ELLIOTT AND JO, THEY'LL BE CHEERING YOUR STRIDES

They beat all the odds.

A million-to-one, at least.

A zillion-to-one, maybe.

What really is the wagering on a guy rooted in the Bronx, NYC (yes, the big city's only mainland borough; but why, tell me, is it always pluralized?), meeting the love of his life (the young lady from the quaint, North Sea-hugging town of Sheringham, Norfolk, England), hitting it off, taking the big plunge, and sticking together through all kinds of adventures, fortunately much-much good health, and just a little sickness here, a little there; far-far more days of good times than not-so-really-good ones; and be around 60-plus years later to tell anyone who might be interested that he wouldn't change a thing, not a one.



Make it a quadrillion-to-one, maybe.

But that is the story of Elliott and Jo; he the second son of Jack and Theresa, Elliott's Dad the best left-handed dentist you'd ever find south of Yonkers, and his Mom the lovely lady out of Bushwick, Brooklyn; Jo, the only daughter and second child of Reginald and Mary, her Dad the finest architect in Sheringham, not to mention Cromer, Aylsham and West Runton, and her Mom the young lady from Windsor, where generations of her family served up amazingly tantalizingly/amazingly/dee-lish servings of confections to many in town, including their "neighbors across the street," more generally known as The Royal Family.

Elliott and Jo married on June 30, 1962, bought their first home in West Long Branch, NJ two years later, as he toiled at (first) the Long Branch Daily Record and then (for 35.5 years) the Asbury Park Press; and she, at Monmouth Medical Center, putting the nursing skills she mastered at St. Bartholemew's Hospital School of Nursing, London (which in 2023 celebrates its 900th-yes, you read that right -anniversary), then for years more (after the arrival of three darling daughters, Sue, Judy and Liz) as the circulation-building expert guide through the choicest offerings of the West Long Branch Public Library.

So here we are, all these years later, 60-plus of them. Their kids have grown, married, and (with spouses Stuart, Salvatore and Brian) brought eight wonderful grandkids (Emily and Sara; Nick, Chris and Michael; Hannah, Andrew and Benjamin) into the world. But he's still – even through an unfortunate series of covid-induced setbacks – still totally enmeshed in The Great Olympic Sport of Track and Field (and quite a few others) and she's the consummate grandma but taking evenings off to Call The Midwife (a calling she once had, too), and follow the progress of Hercule Poirot, Miss Marple, and Inspector Morse, as they solve the Midsomer Mysteries, and quite a few others.

Elliott D. is really, truly, incredibly humbled to have this 36th edition of the New Jersey International Track and Field Meet named for him. And so are all the Denmans. The plan is to make this "a very special event in track and field."

He's totally and forever indebted to dear wife Jo, for putting up with his crazy hours, for having to pack so many peanut butter-and-apple sandwiches (on rye, preferably) for sustenance on treks all over the place, most often to see boys and girls, men and women of all ages, chase around the track, run or walk from place to place, leap over lofty crossbars, and hurl heavy objects of military origin.

So, here we are folks. Hope you get to see a great track and field meet today.

Elliott and Jo and all the Denmans will be cheering your strides.

THANK YOU, PEDDIE SCHOOL FOR GREAT FIVE-YEAR RUN!

By TIM BRENNAN (Peddie School varsity coach, Shore AC varsity coach)

HIGHTSTOWN - It was 2016 and The Peddie School was delighted to be put onto the national and world stage - for the start of a five-year run - as host to the New Jersey International Meet. The timing was perfect after the renovation of the previous Mondo surface with the Beynon Surface.

A team of track and field devotees, including Elliott Denman, made it a meet full of diversity. Athletes from 19 different nations attended that year, including two big teams from Canada.

Some races, like the 100, saw a strong youth component. Some of the events had athletes into their 80s.

The atmosphere was always electric. One point of pride of the staging was the volunteers. The likes of Olympians Norman Tate raking the pits, hurdler Jack Pierce, a meet alum, working alongside the great father-son team of Big Bob and Robby Andrews. Elliott would introduce and interview the athletes on the line before and after the races.

Peddie looks back on those awesome summer days with great pride!

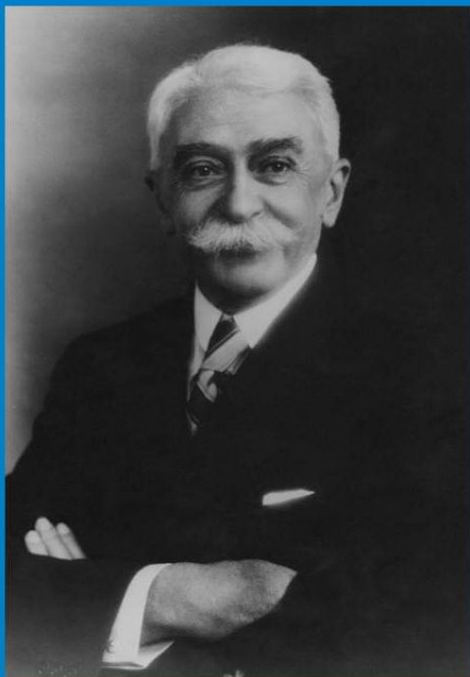
The 2019 meet, the 33rd NJ International, saw athletes from Suriname, Spain and Belize to name just a few! Over 200 competed. 2018 was awesome! 267 athletes! The most amazing thing about the meet: volunteers. Tate, Pierce, the Andrews family, of course, along with Lawrence (Lo-Jo) helping with the pole vault and '84/'88 Olympic marathoner Derrick "Ringo" Adamson announcing. In all, athletes from almost 20 nations, this time as far as Ghana, China, and Belize...

The Shore AC and Peddie again hosted the NJ International in 2017 and special thanks to Peddie AD Mr. Jason Baseden and meet director David Friedman for supporting and promoting the event. Mickey Solujich did a fantastic job with the concessions, as always! Athletes represented China, Guyana, Trinidad and Tobago, Haiti, Dominican Republic, South Africa, Togo, Australia, New Zealand, Panama, Jamaica, Antigua & Barbuda, Democratic Republic of the Congo, and Romania. Wow!

2016 was a "Fantastic First" at Peddie for the famed NJ International Meet! Thanks to all who helped run the meet, including amazing USATF officials, and the super hosts of The Peddie School.

We saw awesome competition in a low-key, yet competitive atmosphere. Coaching legend Frank (Gags) Gagliano brought his talented crew, and more than

12 countries were represented at this 30th NJI Meet. Among them: several Olympians, World Championship team members, CAC (Central American and Caribbean) medalists, and an All-African silver medalist participated. It was the start of a great five-year run. Thanks again to all at Peddie who made it happen!



**“THE MOST IMPORTANT THING
IN THE OLYMPIC GAMES IS NOT
TO WIN BUT TO TAKE PART,
JUST AS THE MOST IMPORTANT THING
IN LIFE IS NOT THE TRIUMPH BUT
THE STRUGGLE.**

**THE ESSENTIAL THING IS NOT
TO HAVE CONQUERED BUT
TO HAVE FOUGHT WELL”**

PIERRE DE COUBERTIN

CAN ANYTHING MATCH THAT 1987 MEET AT HOLMDEL?

By GEORGE KOCHMAN
(Staten Island Advance, Shore AC and Tinton Falls, NJ)

There was a track and field meet, 37 years ago, and it was the biggest ever in a small town in central New Jersey.

They'll hold another edition of the meet, now called the Elliott Denman N.J. International, on June 17th, but can anything match the first edition?

There have been great performers who have graced the meet at Holmdel, Colts Neck, Peddie School, and now Monmouth University.

Eamonn Coghlan, Rich Kenah, Sydney Maree, Roger Kingdom, Marcus O'Sullivan, Charles Austin, Joetta Clark Diggs, Ajee' Wilson – and an eighth-grade future Olympic champion, Matthew Centrowitz, Jr., - and a long array of other greats have all competed over the years.

The first Bob Roggy Memorial Track and Field Meet was held July 29, in 1987 on a warm night in front of more than 5,000. They had come to honor their local small-town hero, Bob Roggy, who had thrown the javelin more than the length of a football field plus an end zone, plus even more (314 feet, 4 inches to be exact). Appropriately, the javelin was a big event and Mike Barnett set a meet record of 269-3 that stands to this day.

Roggy had died unexpectedly, tragically, falling from a pickup truck while returning to his room after competing at the 1986 U.S. Olympic Festival in Houston. Holmdel was in shock, and paid its respects that evening in a kind of surreal scene.

The Holmdel High School track, where Roggy starred, is set in a half-hollow, with stands on either straightaway side, and a grassy bank surrounds the first turn. The grandstands were full, and blankets covered the grassy banks. And there were real track stars – Olympians, World Champions, and National champions competing. There was cheering, but the mood bordered on the somber. It was almost as if the crowd was unwilling to express its joy at experiencing top performances while recognizing the grief that led to the meet's formation.

Back to the javelin event. It took place late in the evening and everything stopped as the lights, and the crowd, focused on the throwers. Barnett's spear soared through the air, eliciting soft oohs and aahs from the crowd. Imagine, a track meet in the USA with a special focus on the javelin! Holmdel was not Finland, where the javelin is a sacred event, but for a few moments, a field event held center stage, and Holmdel, on a warm night, with a crowd paying homage to its hero, in a sense, became Helsinki.

Fast forward now to the 1992 meet. Butch Reynolds, the star 400-meter sprinter and world-record-holder at 43.29, was the headliner. Reynolds had been involved in a controversy with world track authorities, who threatened suspension of any athlete who competed against Reynolds. One who did compete was Chris Marsala, brother of Charles Marsala, great Indiana U. and New Dorp High School (Staten Island) miler and steeple star. Chris Marsala at his best was no match for Reynolds, but he toed the line, risking suspension forever.

I stood next to a well-known Plainfield luminary, stopwatch in hand, and Reynolds blazed through his race. I checked my stopwatch, and said to no one, "Wow! 44.5." To which the Plainfield gentleman said very derisively, "You're crazy. Are you nuts?"

I was more than a little taken aback, and when the time (44.67 FAT) was announced, I waited for a "Sorry." None came, as the man, probably embarrassed, turned away. It's still a moment to be remembered.



Pictured Above: Armory Track Center's Stan Saplin Media Award winners Derek Alvez and George Kochman flank the Armory's and the whole track and field world's late and truly great Dr. Norbert Sander.

Thank you to our generous sponsors!



Robert Schwartz Photography