



JERSEY SHORE HALF MARATHON

SANDY HOOK, NJ

+ 2 Mile

OCTOBER 1, 2023

50 YEARS & RUNNING

PRESENTED BY THE SHORE ATHLETIC CLUB



TABLE OF CONTENTS

WELCOME LETTER	3
SCHEDULE OF EVENTS	4
CHARITY PARTNER.....	5
TOP 5 PERFORMANCES LIST.....	6
COURSE MAP.....	7
EVENT DAY MAP.....	8
IMPORTANT NOTES & TIPS	9
UPCOMING EVENTS.....	10
THANK YOU TO OUR SPONSORS!!.....	11



SHORE ATHLETIC CLUB OF NEW JERSEY

"Promoting the Olympic Sport of Track and Field Since 1934"

Our Olympians

A WELCOME FROM THE SHORE ATHLETIC CLUB PRESIDENT

Elliott Denman

Barbara Friedrich

Bob Mimm

Bill Reilly

Dave Romansky

Todd Scully

Maren Seidler

Jim Wooding

Welcome to the Shore Athletic Club's signature event, The Jersey Shore Half Marathon + 2 Mile. We hope you enjoy what our event has to offer: a flat 13.1 mile course with professional timing, a highly competitive field, distinctive awards, and the rich historical ambience of Sandy Hook Gateway National Park.

This year's event is the result of a lot of hard work by our Race Directors, Dave Friedman, Erin O'Neill and Coach Joe Compagni. Not to mention our event staff, volunteers, first responders, sponsors, club members and everyone involved in making this event a great success.

We aim to follow the great Shore A.C. tradition of offering an event where everyone has a chance to compete. This year we will see runners, race walkers, and wheelchairs; all enjoying what we hope to be a beautiful October morning at the Jersey Shore.

Our National Champions

John Borican

Ray Funkhouser

Dick Ganslen

Elmore Harris

Herb McKenley

Cliff Mimm

Eulace Peacock

Blaine Rideout

Andy Stanfield

Josh Williamson

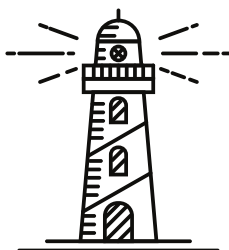
We hope that you enjoy the Jersey Shore Half Marathon + 2 Mile!

Best wishes and good luck to all.

Walter MacGowan

President

Shore Athletic Club of New Jersey



Schedule of Events

SATURDAY, SEPTEMBER 30TH, 2023

 **Road Runner Sports, Shrewsbury**

11:00am - 2:00pm: Pre-Registered Bib Pickup

Free Random Giveaways from HydraPatch and Shore AC, Saturday only!

Special discounts and raffle from Road Runner Sports!

SUNDAY, OCTOBER 1ST, 2023

SANDY HOOK GATEWAY NATIONAL PARK, LOT E



7:00am - 8:30am: Pre-Registered Bib Pickup

9:00am: Half Marathon Start

9:05am: 2-Mile Start

12:00pm: Awards

***Post-Race Party – Off The Hook, Highlands, NJ – Starting at Noon,**

One free domestic draft beer with your race bib. Sunday food and

drink specials all day.



Charity Partner

The Sandy Hook
Foundation



For Immediate Publication; Fort Hancock, Sandy Hook

The Sandy Hook Foundation Named Charity Partner for the 2023 Jersey Shore Half Marathon
Race Scheduled for Sunday, October 1, 2023, at the Sandy Hook Unit, Gateway National Recreation Area

For the second year in a row, the [Sandy Hook Foundation](#) (SHF) is pleased to be named as the official Charity Partner of the **2023 Jersey Shore Half Marathon**, produced by the [Shore Athletic Club](#) (Shore A.C.).

As the Official non-profit Friends Group of the National Park at Sandy Hook, the Foundation is dedicated to preserving and protecting the park's natural and cultural resources. Sandy Hook is a 2,044-acre peninsula extending between the Raritan Bay and Atlantic Ocean. With seven ecosystems, miles of ocean and bay beaches, and Fort Hancock, a federally designated National Historic Landmark, there is much to experience during your visit.

Established in 1989, the Foundation has a long track-record of projects within the park, including restoration of the Lighthouse Keepers Quarters, adjacent to the Sandy Hook lighthouse, the oldest continually operating lighthouse in the United States. Other projects include installation of hydration stations along the MUP trail for walkers, runners and bikers to fill up reusable water bottles, educational videos about osprey and piping plovers, rebuilding of the popular observation deck overlooking the tip of the Hook, and installation of fencing in front of the deck. The Foundation also installed and maintains bicycle repair stations along the 7-mile Multi Use Path, where bikers can fix a flat, blow up their tires with air, and make minor repairs.

Established in 1934, the Shore A.C. is New Jersey's oldest running club, and is truly a club for all athletes and all seasons. As a members-driven organization, Shore A.C. fields "varsity" and local men's and women's teams competing in every event within the sport, on every level, including youth to juniors, "open," and Sub-Masters and Masters. Members have included Olympians, World Champions, National Champions, and more. With over 500 members who live in New Jersey and beyond, the Shore A.C. hosts more than two dozen events each year. The Jersey Shore Half Marathon is a signature event of the Shore A.C., and this will be the 49th running of the event.

Registration for the 2023 race can be found [here](#) through RunSignUp. Registration is \$50 per person through January 31, \$70 until March 31, \$80 until July 31, \$90 through September 30, and \$100 day-of the event on Sunday, October 1 (credit card or [venmo](#) only).

During registration, participants will have the option to make a tax-deductible donation to The Sandy Hook Foundation through the event website, to support our work within the park. The Foundation will also be present on race day.

For more information about The Sandy Hook Foundation, please email info@sandyhooknj.org or visit the website at www.sandyhooknj.org, or call 732-291-7733.

For questions or more information about the Jersey Shore Half Marathon, contact race coordinator [Erin O'Neill](#). Both groups look forward to seeing you at the beach on Sunday, October 2, 2022.

Top 5 Performance List

[2018 - 2022]

Men's (Chip Time)

1. Evan Bush, 2022 - 1:10:28.10
2. Justin Scheid, 2021 - 1:13:19.90
3. Will Appman, 2021 - 1:13:33.27
4. Matt Farrell, 2022 - 1:13:48.07
5. Matt Russo, 2019 - 1:15:16.80

Women's (Chip Time)

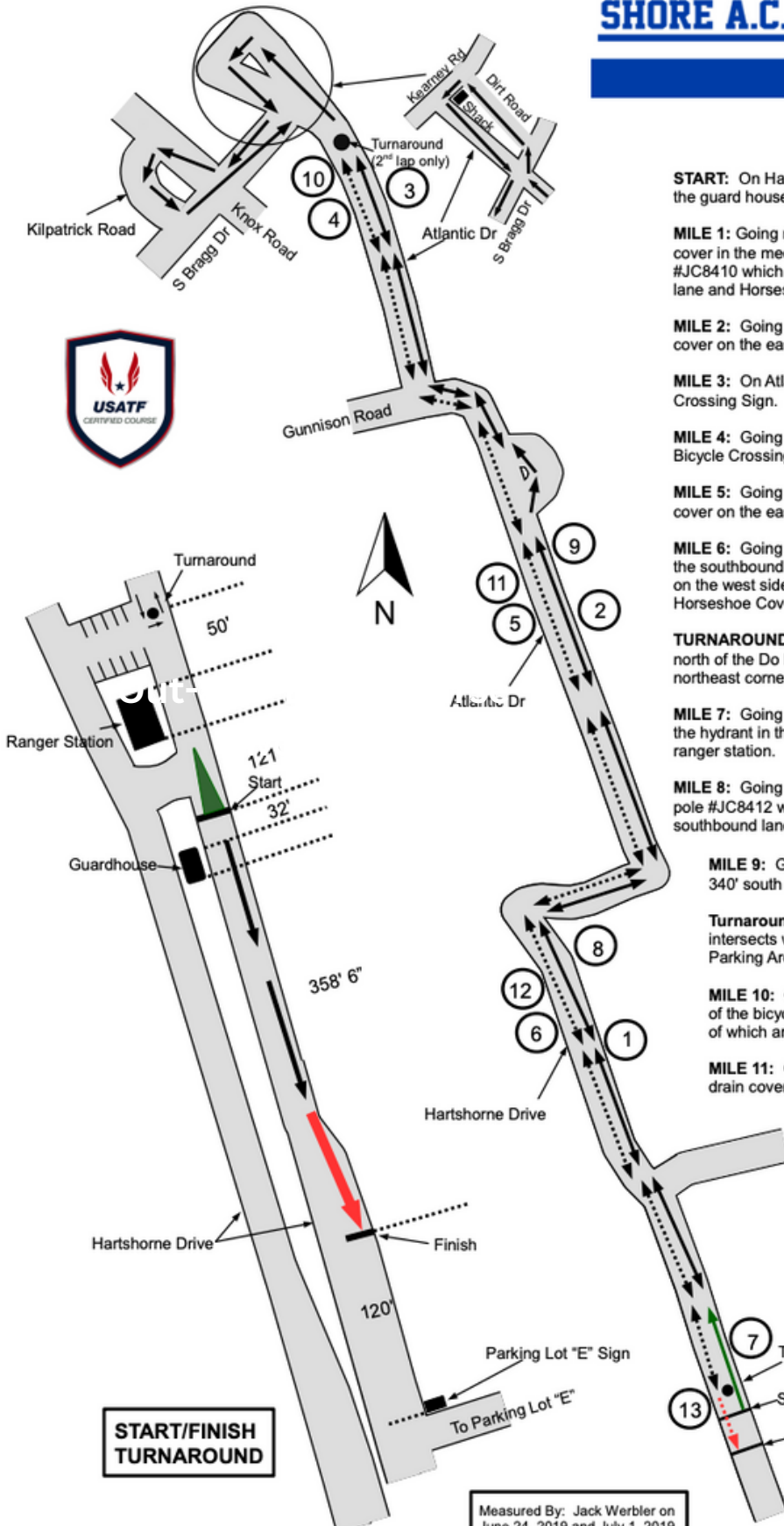
1. Jessica Francis, 2021 - 1:23:47.34
2. Kiera Russo, 2019 - 1:25:55.60
3. Kiera Russo, 2018 - 1:26:38.10
4. Jessica Francis, 2022 - 1:27:35.45
5. Katy Trotter, 2018 - 1:28:05.80



Course Map



JERSEY SHORE HALF MARATHON Sandy Hook, NJ Course Map (Not to Scale)



START: On Hartshorne Dr heading north, 32' north of the northeast corner of the guard house, 121' south of the southeast corner of the ranger station.

MILE 1: Going north on Hartshorne Dr 38' south of the center of the manhole cover in the median between the north and southbound lanes, 70' north of pole #JC8410 which is in the west side of Hartshorne Dr between the southbound lane and Horseshoe Cove.

MILE 2: Going north on Atlantic Dr 56' south of the rusty steel plate drain cover on the east side of Atlantic Dr.

MILE 3: On Atlantic Dr north of Parking Lot #1, 238' south of the Bicycle Crossing Sign.

MILE 4: Going south on Atlantic Dr north of Parking Lot #1, 38' south of the Bicycle Crossing Sign, 147' south of the Parking Area J sign.

MILE 5: Going south on Atlantic Dr 46' north of the rusty steel plate drain cover on the east side of Atlantic Dr.

MILE 6: Going south on Hartshorne Dr 56' south of the Deer Crossing sign in the southbound lane of Hartshorne Dr, which is 3' south of utility pole #JC8411 on the west side of Hartshorne Dr. between the southbound lane and Horseshoe Cove.

TURNAROUND: Going north on Hartshorne Dr in the northbound lane 19' north of the Do Not Enter sign north of the ranger station, 50' north of the northeast corner of the ranger station.

MILE 7: Going north on Hartshorne just north of the turnaround 157' north of the hydrant in the grass on the east side of Hartshorne Dr just north of the ranger station.

MILE 8: Going north on Hartshorne Dr before the sharp turn 22' south of utility pole #JC8412 which is on the west side of Hartshorne Dr between the southbound lane and Horseshoe Cove.

MILE 9: Going north on Atlantic Dr 520' south of the 15 MPH Curve sign, 340' south of the Deer Crossing sign.

Turnaround: Going north on Atlantic Dr in line with the bicycle path that intersects with Atlantic Dr and connects to Parking Lot #1, 20' south of the Parking Area J sign on the east side of Atlantic Dr.

MILE 10: Going south on Atlantic Dr north of Parking Lot #1, 39' 6" north of the bicycle crossing sign and 67' 6" south of the Parking Area J sign both of which are on the east side of Atlantic Dr.

MILE 11: Going south on Atlantic Dr 125' north of the rusty steel plate drain cover on the east side of Atlantic Dr.

MILE 12: Going south on Hartshorne Dr after the sharp turn 21' north of utility pole #JC8411 which is between Horseshoe Cove and the southbound lane of Hartshorne Dr, 24' north of the Deer Crossing sign in the southbound lane.

MILE 13: Going south on Hartshorne Dr. even with the northeast corner of the ranger station, 34' south of the Do Not Enter sign north of the ranger station.

FINISH: Going south on Hartshorne Dr 358' south of the southeast corner of the guard house, 121' north of the E Parking Area sign at the entrance to Lot E.

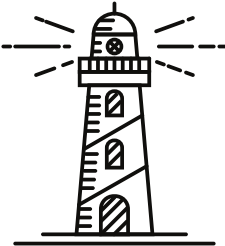
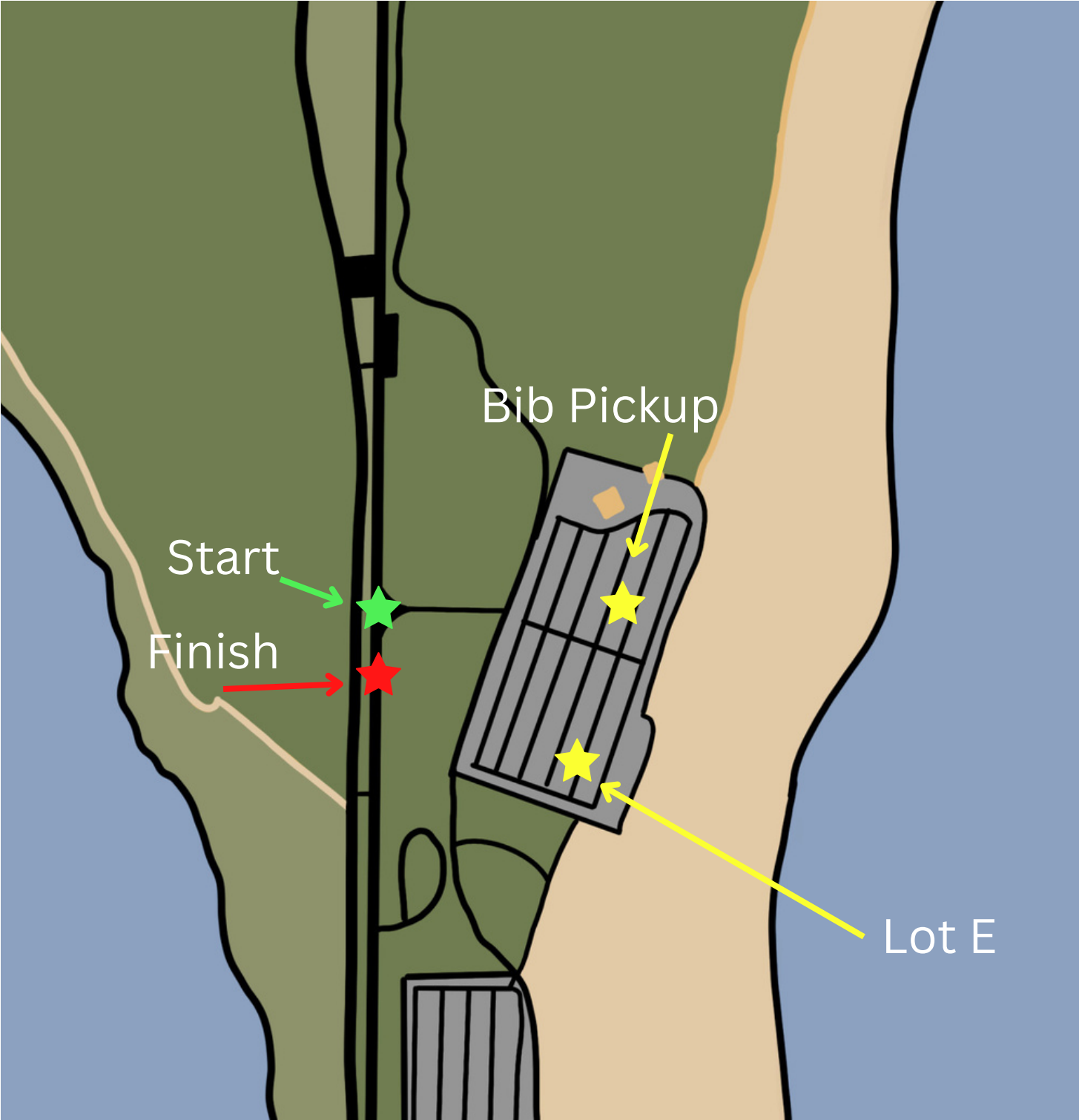
Note: (1) Only the northbound lane of Hartshorne Dr will be used for the race course. (2) All markers are on the asphalt in blue paint.

Measured By: Jack Werbler on
June 24, 2019 and July 1, 2019
jwerb@optonline.net
908-692-6686

USATF Cert: NJ19023LMB

Effective Dates: 7/12/19 to 12/31/29

Event Day Map



Important Notes & Tips

1. There is a 3 hour course limit. Any finishers after the 3 hour limit will not be timed.
2. Headphones cannot be worn during the race
3. Make sure to hydrate well, before, during and after the race!
4. Arrive promptly at check-in start time (7:00am) for bib pick up on race day



Upcoming Events

Event	Date(s)	Location
Adult XC Series	Oct. 7, 14, 21, 28 & Nov. 4	6 Monmouth County Parks
Youth XC Series	Oct. 8, 15, 22, 29	Ocean County Park and Holmdel Park
Bill Bruno Alumni XC Run	Saturday, November 11	Holmdel Park
60th Annual Polar Bear Races	Saturday, December 30	Asbury Park

www.shoreac.org



Thank you to our Sponsors!!



MEDAL AWARDS RACK
INSPIRED BY EXCELLENCE®

